



# GREENWICH PUBLIC SCHOOL

## Partnerships and Opportunity, Excellence and Success

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## Sun Safety Guidelines

*Last revised November 2024*

*This document has been developed collaboratively by school staff and the P&C Governance and Policy Subcommittee in reference to the Department of Education's Sun Safety resources, found using the following link: [Sun safety \(nsw.gov.au\)](http://Sun.safety.nsw.gov.au)*

### Purpose

Families, schools and communities share responsibility for the health, safety, welfare and wellbeing of children and young people in their care. The school community, including families, works together to take all reasonable actions to protect students from risks of harm caused by ultraviolet radiation from the sun.

Greenwich Public School recognises the importance of public health and promotes:

- Positive action in protecting exposed skin from the sun.
- Increased awareness of the need to be protected from the sun when involved in outdoor activities.
- Individual responsibility for taking preventative measures when exposed to the sun, through education on sun safe procedures and guidance.
- Organisational changes, where possible, to reduce the amount of time students are exposed to the sun.

### Outdoor Activities

- Outdoor activities are scheduled outside of peak UV radiation times where possible at least from August to May.
- Students are reminded to engage in sun safe behaviours prior to and during outdoor activities, including outdoor physical education lessons and sport.
- Where indoor venues are available, they are used to help reduce student exposure in peak UV times, at least from August to May.

### Shade

- The school will work to ensure that there are adequate shaded areas for sport and recreation. Trees have been planted to increase natural shade.
- Outdoor activities will be held in areas of shade, whenever possible.
- Students are reminded and encouraged to seek shade during peak UV radiation times.
- Seating is available in shaded areas.

## **Sunscreen**

- SPF 30 + (or higher), broad spectrum and water-resistant sunscreen is available for students at various points around the school and for specific events including, but not limited to, classrooms, excursions, athletics, swimming and cross-country carnivals.
- Students are encouraged to bring their own sunscreen from home and reapply it themselves.
- When attending outdoor excursions (any event where students are leaving school site), students will be required to wear sunscreen, provided by the school or parents.
- Students will not be able to attend excursions unless they apply sunscreen or parents give permission for the student not to wear sunscreen.

## **Clothing and uniform, including hats**

- All students will be required to wear a sun safe broad-brimmed hat which protects the face, ears, and neck as part of the school uniform.
- Uniforms have longer sleeve lengths, collars and longer style shorts/skirts/dresses.
- Students will be required to wear hats during breaks, at sport (where it does not affect participation in the specific sport), on excursions, at sports carnivals, and during any other outdoor activities.
- The rule, '**No hat, no play**' applies all year.
- Sunglasses that meet Australian Standard 1067:2003 for UV protection are encouraged.

## **Curriculum**

- Personal Development/Health Programs include sun safety as part of teaching and learning programs for all students.
- A variety of sun safety resources are used to promote consistent sun safety message.

## **Whole-school strategies and community engagement**

- Staff will be encouraged to act as positive role models by wearing hats, being shaded by umbrellas, standing in the shade when possible, wearing appropriate clothing and using SPF 30+ (or greater) sunscreen.
- This document, the *Sun Safety Guidelines*, is communicated to parents, supported by the school P&C and is on the school's website.
- Parents are encouraged to make sure their child applies sunscreen before coming to school.